



**Southend  
West Central  
Primary Care Network**

# Need help using the NHS App?

**Pop in to a Digital Cafe at Westcliff Library**

**Our team will be on hand to help you get the most out of the NHS App and gain skills to access digital health.**

**We'll be at Westcliff Library on:**

Wednesday 28 January 12-3pm

Thursday 26 February 12-3pm

Wednesday 25 March 12-3pm

